



Minutes

Thursday 8th April 2010

Present

Mark
Katie
Jonnie
Liam
Carla
Michelle
Justin
Lewis
Roscoe
Anna
Karina
Julie

Apologies

No Apologise

Welcome

Roscoe who is the Apprentice and the Focus Group co-ordinator welcomed everyone to the meeting and then we went around the room introducing ourselves and where we are from.

Team Building Day

Roscoe Mentioned to everyone that there was a Team Building event on Saturday 15th May at Allertorpe near Pocklington, Roscoe said to the young people that he would send more information about the day to those who are interested, Roscoe will do this nearer the time.

Karina Allen

Karina came to the YPFG to talk about who she is, what Karina does and about the Art Group that she currently runs.

Karina is a Health Co-ordinator for Looked After Children, she goes out and completes Annual Health Assessments and other various health related subjects with young people in the looked after system and Care Leavers.

Karina is also a person you can talk to and gives out good advice.

Karina runs an Art Group for all Care Leavers on Thursday nights at 5pm.

Karina is going to attend a future YPFG meeting to talk in more detail about Sexual Health and possibly a sexual health nurse to attend.

Youth Opportunity Funding (YOF)

Roscoe Mentioned to the young people that the group has been given funding to go on one residential trip and a day trip. The residential trip will be at the Centre Parcs in Nottingham, We will be taking 6 young people to this that have just come to the Pathway Team. The day trip is Go Ape at Dalby Forest, we will be taking 10 young people of all ages and that are achieving positive outcomes.

We spoke about what fund raising events the group could do to raise money for future trips out, some of the things they said include:

- Sponsored Walk
- Sponsored Jog
- Sponsored Bungee Jump
- Organise our own Football Tournament.
- Sponsored Swim
- Tennis event
- Badminton event

June Newsletter - Ideas

Roscoe mentioned that there will be another Newsletter starting in May and will be ready for June, Roscoe asked the group what ideas they had for the next newsletter, these include:

- A section about Sexual Health
- Jazz the writing up
- Add the Utility bills and Credit Contract leaflets with the newsletter

Credit Contracts and Utility Bills Leaflet

All the young people were very happy with the Credit Contract and Utility Bills leaflets and the young people will receive these when they are needed. Roscoe is to start creating some more leaflets about various subjects, these will help young people through Independence and through day to day living.

Pledge

Roscoe brought with him to the YPFG the new Pledge Leaflets, all the young people liked them, Roscoe will leave some of the leaflets in the Conference room so young people can access them.

Anna Barson - Training Opportunities

Anna Barson who is an Organisational Development Officer came to the YPFG to ask the group a few questions about training opportunities for young people before going into full time jobs/Apprenticeships.

See information below:

1. Want to tailor these trainings to suit you, what would you like to work on?

e.g. managing your time from getting out of bed, to getting to work, to getting work done through the day to getting home and making sure you are not up all night! Managing time when not in work too.

e.g. assertiveness - this rather than aggression, positive attitudes.

e.g. well-being - managing stress, In work and outside of work.

- Stress
- Equal opportunities/Equalities & Diversity
- Increasing awareness of jobs available
- Interview techniques
- Guidance (although no detail on what!)
- Time management
- Constructive criticism
- Motivation
- Self esteem
- Basic needs
- CV writing
- Support & confidence building
- Self image
- Communication
- Respecting criticism
- Politeness
- Telephone techniques
- Money management
- Time management - prioritisation

2. How long for training? Are you prepared to listen for an hour, or half a day, or even a full day?

- Morning and afternoon session (with breaks)
- Mini conference style?

3. The type of training?

PowerPoint presentation? Handbook? Or would you prefer to have open discussions? Or case studies/role plays?

- Practical
- Informal
- Audio/Visual/Kinaesthetic
- Icebreaker
- Info to take away on DVD, CD Rom
- One sided information sheet (bullet points)
- 'Mix and match'
- Certificate/evaluation at the end

4. Location?

Does it matter? Easy to get to - Beverley? Bridlington? Goole?

- Chilled environment e.g. leisure centre
- A course in each location
- Easy transport route
- Lunch provided!

5. How can we promote the training?

Emails

Leaflets

Website

Advertisement in local newspapers

- Hand-outs
- Displays in Children's Homes, clubs, college
- Personalised invite letter
- Fostering magazine
- Participation group
- Connexions
- Wellington Road Flats (owned by Pathway Team)

Anna will use this information to organise some training sessions for Care Leavers.

